Southwest lowa Rural Electric Cooperative Corning | Mount Ayr | Stanton | CSS | CSS

Chappy
Cholidays

From our co-op family to yours, wishing you a joyous holiday season and a happy and peaceful New Year!

The Employees and Directors of Southwest Iowa REC would like to wish you a Merry Christmas and Happy New Year! Thank you for your continued patronage and may you and your loved ones have a safe and enjoyable holiday season!

Employees

Cacey Quick Jesse Hitt Dustin Smith Marillyn Rubel Phil Kinser Scott Geer Suzy Olson Justin Murphy Connor Giles Luke Brockshus
David Head
Les Helvie
Nathan Weeda
Cody Stackhouse
Shayne Larson
Tanner Rinehart
Kylee Fleharty
Brycen Wallace

Eric Hensley
Denise Hallquist
Lucas Dalton
Paul Vanderholm
Sarah Newton
Steven Grace
Tim Pfeiffer
Zach Schafer
Brady Williams

Directors

Terry Barnes Kay Fast Mark Herzberg Alan Spencer Deena Moore Dana Morgan Ken Peppmeier Jason Smith Dale Walkup Marilyn Werner Southwest Iowa REC offices
will be CLOSED on
Friday, December 23rd and
Monday, December 26th
for Christmas
and Monday, January 2nd
for New Year's.

Have a safe

Have a safe and happy holiday!



Look forward to more information on Southwest lowa REC's scholarship opportunities in next month's newsletter.

Can't wait until then? Updated information is located on our website!



CEO's COMMENTS:

Small Change Can Change Lives

he holiday season is finally here. Some call it the most wonderful season of all. That's because we associate it with family traditions and gathering with friends and loved ones. It's a time of giving and spreading joy.

But giving back reminds me of the many good things we have right here in our community and why it's so important to spread the good as far as we can, especially to the most vulnerable in our local area. I'm also reminded of how wonderful our community is and what a big impact we can have when we work together.

When you are a member of Southwest Iowa REC, you help us spread the good throughout the year. Through our Operation Round Up program, your donations help local families, individuals, and community projects in need by providing financial assistance. Our Operation Round Up program is an "opt-out" program. All members are initially signed up unless they request not to participate. I'm proud that over 4,037 of our accounts have chosen to be part of this worthwhile program.

When you "round up" your monthly bill from Southwest Iowa REC and donate to this fund, you're making a big difference in someone's life or in your community's viability. You are showing just how much you care about others and our quality of life.

Southwest Iowa REC also participates in the Electric Cooperative Youth Tour, where we take our community's brightest young people to Washington, D.C. for a week-long immersion to experience democracy in action. Ultimately, the larger community benefits from these programs because of you and your neighbors.

The cooperative principle "concern for community" is part of Southwest Iowa REC's DNA. It defines who we are as an organization. When we first brought electricity to the areas we serve over 80 years ago, the quality of life improved. But other things also need to be addressed and through the years, this co-op has been at the forefront of bringing improvements to the quality of life in this community. It's why we

created Operation Round Up.

To date, with your help, we've given over \$290,000 back to local families, individuals, and organizations through this program.



And across the country, more than 350 electric co-ops have an Operation Round Up program, and together, we've raised millions for local communities. This shows that small donations from electric co-ops like ours, over time, can collectively make a big impact.

As a local cooperative, we have a stake in our communities and we hope you will think of Southwest Iowa REC as more than your energy provider, but also as a catalyst for good.

I hope all our members have a joyous holiday season. May it be merry and bright! To learn more about Operation Round Up, visit www.swiarec.coop.

Employee Updates

Congratulations Brycen!

Southwest Iowa REC's Brycen Wallace, (Corning) has successfully completed a comprehensive lineworker certification program. The Lineworker Certification Program is the time-tested benchmark of apprentice and lineworker training programs and is administered through the Northwest Lineman College. The Lineworker Certification Program is a distance-learning training program



offered to electric utility and construction companies for the certification of their lineworker employees. This program is most commonly used

as the curriculum component of apprenticeship leading to journeyman certification. The remainder of their training leading to journeyman status will come from on-the-job training.



RECare – Customer Contribution Fund

Southwest Iowa REC's RECare program makes it easy to help Cooperative neighbors in need this winter. With rising heating fuel prices this season, more and more Iowans are seeking assistance with energy, heating and weatherization costs. While some federal and state dollars exist to help those in need, there are still shortfalls.

Consider a monthly contribution to Southwest Iowa REC's RECare program. Your contribution – whether it is \$1 or \$10 a month – when combined with those of other generous members, can go a long way in helping those who can't afford winter's heating bills. To help, fill out the form:

Consumer Authorization Form

Yes, I want to be a part of "members helping members" and contribute to RECare.

____ I will make a 1-time contribution to RECare. My check is enclosed.

_ I will contribute \$____ per month to RECare. I understand that this amount will be automatically added to my monthly electric bill.

Name_____ Account # _____

Address ______State _____ZIP _____

Mail to: RECare – SW Iowa REC

1801 Grove Avenue; Box 367; Corning, IA 50841

RECare - SW Iowa REC OR

1502 W South Street; Box 391; Mt Ayr IA 50854

RECare - SW Iowa REC OR

415 Broad Avenue; Box 460; Stanton, IA 51573





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- recipes from rural lowa

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apprentice linemen Luke Brockshus and Brady nton Community Elementary for a STEM Career rated hot sticking with a mock live wire. This shows ineworker does on a day-to-day basis. They also rtance of safety around any electrical source.





Biscuits & Gravy Crockpot Breakfast Casserole

Perfect for busy weekend or holiday mornings!

- 1 lbs. ground breakfast
- 8 eggs
- 1½ cups shredded cheddar cheese
- non-stick cooking spray (or vegetable oil)
- 1 pkg. refrigerated canned biscuit dough
- ¼ cup salted butter
- ¼ cup all purpose flour
- 2 cups whole milk
- 1 tsp salt
- 1 ½ tsp ground black pepper





Prepare the Gravy:

- 1. Melt butter in saucepan, then add flour and whisk over low-medium heat until slightly
- 2. Slowly stir in milk, salt, and pepper, and stir frequently over medium-high heat until it comes to a boil.
- 3. Reduce heat to low-medium and simmer until thickened to desired gravy consistency. Serve the Biscuits & Gravy Breakfast Casserole:
- 1. Use a serving spoon or spatula to scoop a generous-sized individual serving of casserole onto a plate (or into a bowl).
- 2. Ladle gravy over the casserole on the plate





Prepare the Sausage, Egg, & Biscuits Casserole:

- 1. Brown sausage in frying pan, drain well, and set aside.
- 2. Coat inside of slow cooker generously with nonstick cooking spray (or wipe down with vegetable oil).
- 3. In a mixing bowl, whisk eggs lightly then add cooked sausage and shredded cheese; stir to combine.
 - 4. Pour egg mixture into prepared slow cooker and season generously with salt and pepper.
 - 5. Using kitchen scissors (or a paring knife), cut refrigerated biscuit dough into bite-size pieces and arrange pieces evenly on top of egg mixture in slow cooker.
 - 6. Cover with lid and cook on high for 2 hours (or on low for 4 hours) or until egg mixture is set and biscuit pieces are cooked through.

2023 Charges - Member Pricing at **SWIREC Served Locations Only**

LABOR - Regular Working Hours

\$ 67.00/hour * 1 hour minimum

LABOR – After Regular Working Hours (Member Emergencies Only)

\$ 100.50/hour * 2 hour minimum per employee - 2 employees required

TRUCKS/EQUIPMENT

Trip Charge \$30.00 per mileage vehicle required per job per day

Portable Trencher \$.75/foot

\$ 2.00/foot (\$250 minimum) Trencher Backhoe \$60/hour (\$250 minimum)

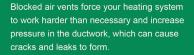
Basket/Digger \$80/hour

Boring Machine \$60/hour (\$250 minimum)

- 1 hour minimum on all truck charges
- Labor will be charged in addition to the truck and equipment charges

*Call for non-member pricing quotes.

Energy Efficiency Tip of the Month



Make sure all air vents are unobstructed from furniture, drapes or other items to ensure sufficient circulation throughout your home. If necessary, purchase a vent extender, which can be placed over a vent to redirect air flow from underneath furniture.



Like us on Facebook

Phil Kinser, CEO

2022 Energy Efficiency & Beneficial **Electrification Program Delivery Costs =** \$.0028/kwh



1801 Grove Ave., Corning, IA 50841

1502 W. South St., Mount Ayr, IA 50854

Stanton

415 Broad Ave., Stanton, IA 51573

Phone Number: (888) 220-4869

Board of Directors

Marilyn Werner, President Mark Herzberg, Vice President Ken Peppmeier, Secretary

Kay Fast, Treasurer

Alan Spencer Deena Moore Dana Morgan Terry Barnes Jason Smith Dale Walkup



